

OAB Conversation Starters

It can be difficult talking to your doctor about your overactive bladder (OAB) symptoms. These conversation starters and questions may help make your discussion a little easier. Print them out and bring them to your next appointment. Remember, these are just suggestions and may not apply to everyone. You may also come up with your own to share with your doctor.

If you plan to talk to your doctor about your symptoms, you could open the conversation with phrases like:

- I urinate frequently and sometimes without warning
- I sometimes leak before I can get to the bathroom
- I need to go to the bathroom a lot

If your doctor says you have overactive bladder, you may want to ask:

- What do you think is causing my OAB symptoms?
- Are my OAB symptoms treatable?
- Could medication help my OAB symptoms?
- Will medication cure my problem?
- Is there any reason I shouldn't take an OAB medication?
- What can I expect from treatment?
- Might TOVIAZ® (fesoterodine fumarate) work for me?
- How long will it take for TOVIAZ to work?
- How long will I have to take TOVIAZ?
- What are the side effects of TOVIAZ?
- What else can I do to manage my symptoms?
- Can you recommend lifestyle changes that might help my OAB symptoms?
- Should I make any dietary changes?
- Is there anything I can do to make my pelvic floor muscles stronger?

If you're looking for an OAB treatment, ask your doctor if TOVIAZ is right for you.

INDICATION

TOVIAZ® (fesoterodine fumarate) treats the symptoms of overactive bladder (leaks, strong sudden urges to go, going too often) in adults.

IMPORTANT SAFETY INFORMATION

Do not take TOVIAZ if you are allergic to TOVIAZ or any of its ingredients or are allergic to tolterodine tartrate tablets or tolterodine tartrate extended-release capsules; are not able to empty your bladder (urinary retention); have delayed or slow emptying of your stomach (gastric retention); have an eye problem called uncontrolled narrow-angle glaucoma.

TOVIAZ may cause serious side effects including:

- **serious allergic reactions.** Symptoms of a serious allergic reaction may include swelling of the face, lips, throat, or tongue. If you have any of these symptoms, you should stop taking TOVIAZ and get emergency medical help right away.
- **inability to empty bladder (urinary retention).** TOVIAZ may increase your chances of not being able to empty your bladder if you have bladder outlet obstruction. Tell your healthcare provider right away if you are unable to empty your bladder.
- **central nervous system (CNS) effects.** Talk to your healthcare provider right away if you get any of these side effects: headache, dizziness, and drowsiness.
- **worsening of Myasthenia Gravis symptoms.**

The most common side effects of TOVIAZ in adults include dry mouth and constipation.

TOVIAZ can cause blurred vision, dizziness, and drowsiness. Do not drive, operate machinery, or do other dangerous activities until you know how TOVIAZ affects you. Use caution in hot environments. Decreased sweating and severe heat illness can happen when medicines such as TOVIAZ are used in a hot environment. Drinking alcohol while taking medicines such as TOVIAZ may cause increased drowsiness.

These are not all the possible side effects of TOVIAZ. Talk to your healthcare provider about any side effect that bothers you or that does not go away.

TOVIAZ may affect the way other medicines work, and other medicines may affect how TOVIAZ works. Tell your healthcare provider about all the medicines you take, especially if you are taking antimuscarinic, antibiotics, or antifungal medicines.

Please click [here](#) for full Prescribing Information and Patient Information or visit [Toviaz.com](#).